Folic acid Determination in neutral pH electrolyte by Adsorptive Stripping Voltammetry at the Mercury Film Electrode

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ABSTRACT

A stripping method for the determination of folic acid at the submicromolar concentration levels is described. The method is based on controlled adsorptive accumulation of folic acid at the hanging mercury drop electrode followed by differential pulse measurement of the adsorbate. The adsorptive stripping response was evaluated with respect to concentration dependence, accumulation time, accumulation potential, scan-rate, size of the mercury drop, pH, ionic strength, presence of possible interferences and other variables. Cyclic voltammograms at pH 7.1(0.2 mol.L⁻¹ KH₂PO₄/NaOH buffer solution) showed four cathodic peaks at -0.57, -0.75, -1.18 and -1.39 V. The second peak, (at -0.75 mV), was the most useful for analytical purposes (more sensitive, quasi reversible and well defined) and it was used for quantifying folic acid by differential pulse adsorptive stripping voltammetry in four types of pharmaceutical multivitamin preparations. Sequential determination of folic acid with ascorbic acid is also possible. The results obtained in analysing medicines having folic acid as active constituent were compared favourably with those obtained by HPLC with UV detection. The average content of folic acid found in these medicines by HPLC was 4.81±0.09mg and by voltammetry, 4.87±0.09mg. The proposed method is very simple, efficient and does not involve time-consuming separation steps.

Keywords- Ascorbic acid, differential pulse voltammetry, folic acid, pharmaceutical preparations, vitamins.

1. INTRODUCTION

Folic acid is a water soluble vitamin, initially identified as an anti-anemia and growth factor. It is produced by plants (green leaves, algae) and micro-organisms (bacteria, yeast). In mammals, folic acid and its derivatives, the folates, serve as acceptors and donors of carbon units and are involved in amino acid and nucleotide biosynthesis [1,2]. Folic acid also prevents neural tube defects such as spina bifida, while its ability to lower blood homocysteine concentration, suggests that it might have a positive influence on cardiovascular disease. A role for this B vitamin in maintaining good health may, in fact, extend beyond these clinical conditions to encompass several others disorders (birth defects, several types of cancer, dementia, affective disorders, Down's syndrome etc). Folate is the generic term to indicate a group of compounds naturally occurring in food that have vitamin activity similar to folic acid, such as some polyglutamates. The terms folic acid and folates are often used interchangeably, but folic acid is approximately twice as bioavailable as the folates [3].

Analytical methods for folic acid include bioassays [4], enzymatic methods [5], fluorimetry [6-13], spectrophotometry [14-16], chromatography [17-25], chemiluminescence [26-28], phosphorimetry [29] and inductively coupled plasma-atomic emission spectroscopy [30]. Electrochemical methods have been used to detect folic acid [31-42] and to investigate its redox properties [43]. Cathodic adsorptive stripping voltammetry has been used previously to detect low levels of folic acid in different electrolytes and electrodes [44-51]. Le Gall and van den Berg used two different buffers with pH 5.2 and 8.5, respectively, and showed the reaction mechanism of folic acid [52].

The present paper describes a differential pulse adsorptive stripping voltammetric method for determination of folic acid in an neutral pH electrolyte (0.2 mol.L⁻¹ KH₂PO₄/NaOH solution; pH=7.1). Furthermore, we studied the effect of some interference (e.g., copper (II), iron (II), calcium (II) magnesium (II), ascorbic acid, riboflavin and other vitamins). The utility of the method was demonstrated in pharmaceutical formulations including multivitamin preparations. In general, differential pulse adsorptive stripping voltammetry allows good precision and selectivity for determination of drug substances [53-55].
2. EXPERIMENTAL

2.1 Apparatus
The electrochemical experiments (differential pulse voltammetric) were carried out using a Metrohm 693 VA Processor (5.693.0022) polarograph in conjunction with a VA Stand 694 equipped with three electrodes: a saturated Ag/AgCl reference electrode, a hanging mercury drop electrode and a glassy-carbon counter electrode. Cyclic voltammetric studies were carried out using a CV-50W Voltametric Analyser in conjunction with a CGME (Controlled Growth Mercury Electrode) of BAS -Bio Analytical Systems, INC., equipped with three electrodes: a saturated Ag/AgCl reference electrode, a hanging mercury drop electrode and a platinum counter electrode. The HPLC consists of a Shimadzu system (SPD - M10A/SCL – 10A, Kyoto, Japan) with auto sampler, gradient pump, UV detector (diode array detector) and column thermo regulator. Chromatographic separations were performed on a Shimadzu C18 column (250 x 4.6 mm i.d. with packing L1).

2.2 Reagents and Solutions
All reagents were of analytical-reagent grade. Folic acid [N-(4-[(2-amino-1,4-dihydro-4-oxo-6-pyrindinyl)methyl][amino]benzoyl)-L-glutamic acid] was purchased from WHO and it was used without any further purification. Standard solutions of folic acid were prepared daily by dissolving the calculated amount of this vitamin in triply-distilled water. These solutions were kept on dark bottles. The supporting electrolyte was a solution of pH=7.1 of phosphate buffer (0.2mol.L⁻¹ NaOH+KH₂PO₄). All tested pharmaceutical products were purchased from a local pharmacy.

2.3 Pharmaceutical Preparations
The content of folic acid was evaluated in the following pharmaceutical formulations:
(1) Folic acid tablets containing 5.0 mg of folic acid/tablet;
(2) Oral solution containing 0.2 mg/mL of folic acid associated with ascorbic acid;
(3) Multivitamin effervescent tablets containing 0.2 mg of folic acid/tablet associated with B₁, B₂, B₆, B₁₂ and E vitamins, nicotinamide, biotin, ascorbic acid, nicotinic acid, calcium and magnesium.
(4) Tablets containing 0.8 mg of folic acid in association with ferric sulphate and ascorbic acid.

2.4 Sample Preparations
Tablets: Weigh (to the nearest milligram) 10 tablets and determine the average weight. Pulverize 4 tablets thoroughly in a mortar, and transfer the powder to a dry weighing bottle. Weigh the amount of powder equivalent to one average weight (0.148 g, in our case) and transfer it into a dry 200-mL volumetric flask. Dissolve in triply-distilled water. Transfer 0.8 mL of this solution into a 100 mL volumetric flask and complete with triply-distilled water. Four final solutions were prepared.

Oral solution: The medicine was diluted twice in water, as follows: 0.5 mL of the pharmaceutical preparation was diluted to 25 mL and than 0.5 of this dilution was newly diluted to100 mL. Ten final solutions were prepared. Multivitamin tablets: Weigh an amount equivalent to one average tablet weight and transfer it into a dry 1000-mL volumetric flask. Continue as described for Tablets. Ten final solutions were prepared.

Tablets containing ferrous sulphate: Weigh the amount of powder equivalent to one average weight and transfer it into a dry 500-mL volumetric flask. To a preview masking the iron interference each sample was dissolved with 0.1 mol.L⁻¹ NaOH solution. If necessary, 0.1 mol.L⁻¹ NaOH solutions should be used in any new dilutions. The remaining procedures were exactly as described for Tablets. Four final solutions were prepared.

2.5 Procedure
2.5.1 Differential Pulse Voltammetric
Ten millilitre (mL) of a pH=7.1 phosphate buffer solution (0.2mol.L⁻¹ NaOH+KH₂PO₄) was transferred into the voltammetric cell and degassed with nitrogen for 300 seconds. A pre-concentration potential of −0.55 V was applied to the working electrode while the solution was stirred for 120 seconds. For sample analysis, 1mL of the final dilution was added into the electrochemical cell containing the support electrolyte prior to degassing step. Other experimental variables were: initial potential −0.2 V; final potential −1.2 V, pulse height 50mV and scan rate 7.5 mv.s⁻¹. All experiments were carried out at the ambient temperature; approximately 24°C. Purified nitrogen gas was used to eliminate dissolved oxygen.
2.5.2 HPLC
Gradient elution mode was performed with 0.25 mol.L⁻¹ methanol, 0.5 mol.L⁻¹ tetrabutylammonium hydroxide and 3.0 mol.L⁻¹ phosphoric acid; with a linearly gradient between 20% and 50% of methanol in 10 min at flow-rate of 1.2 mL.min⁻¹. The injection volume was 10 μL. Detection was made at 283 nm.

3. RESULTS AND DISCUSSION
3.1 Parameters Affecting the Adsorptive Stripping Behavior
Figure 1 shows the adsorptive cyclic voltammograms for 2.26 x 10⁻⁶ mol.L⁻¹ of folic acid in a 0.2 mol.L⁻¹ KH₂PO₄/NaOH solution (pH=7.1). Other electrolytes such as 1 mol.L⁻¹ KCl and Britton Robinson at different pH (2-10) also were utilized; best results were obtained with a 0.2 mol.L⁻¹ KH₂PO₄/NaOH solution (pH=7.1). This electrolyte was used throughout this study. Without stirring the solution at -0.2 V prior to the scan at 100 mV.s⁻¹, result in four cathodic peaks because of reduction steps of folic acid at -0.57, -0.75, -1.18 and -1.39 V. One large and defined peak at -0.75 V was selected to a very sensitive electrochemical stripping procedure for folic acid. Also, a smaller and defined peak at -0.73 V was observed in the anodic branch. The curve dashed represents the blank solution without the presence of folic acid. For this experiment was used a voltammetric analyzer (CV-50W Version 2) of BAS (Bioanalytical Systems, Inc.) with a controlled growth mercury electrode (CGME).

![Cyclic stripping voltammograms for 2.26 x 10⁻⁶ mol.L⁻¹ folic acid in an 0.2 mol.L⁻¹ KH₂PO₄/NaOH solution (pH=7.1). Scan rate, 100 mV.s⁻¹. The dashed curve represents the blank solution. Using a voltammetric analyzer (CV-50W Version 2) of BAS (Bioanalytical Systems, Inc.) with a controlled growth mercury electrode (CGME).](image-url)

When the same experiment was repeated at different scan rate, the results of current and potential peak (~0.75 V) was obtained (Table 1). The plot current peak, iₚₑ, versus scan rate, ν, and potential peak Eₚₑ, versus log ν showed a linear variation. The Eₚₑ is changed to more negatives values also pointing to a redox process quasi-reversible. A process quasi-reversible also was obtained by Le Gall and van den Berg (1993) when it’s analyzed the folic acid in pH at 8.5. The half-width, b₁/₂ for a reversible electrochemical process is 90.6/n (mV), and for an irreversible process it is 62.5/αn (mV) [56]. Using the equation b₁/₂ = 90.6/αn (mV), where ‘α’ is the transfer coefficient and ‘n’ the number of transferred electrons the following results were obtained. The parameter α is found from the slope of the, Eₚₑ, versus log ν and was close to 0.7. The ‘n’ between the electrode and the adsorbed folic acid (at pH 7.1) during the redox process was calculated approximately as two. This two-electron reduction is in agreement with the reaction mechanism of folic
acid obtained by same authors [52] at pH 5.2. No anodic peaks were observed in this pH, indicating that the reduction steps were electrochemically irreversible. In low scan rate (10 mV.s\(^{-1}\)) could be observed a tendency of participation of more electrons in the reaction mechanism of folic acid.

**Table 1. Influence of scan rate on the current and potential adsorptive peak (at \(-0.75V)\) for the folic acid.**

<table>
<thead>
<tr>
<th>(\nu), mV.s(^{-1})</th>
<th>(E_{pc}), mV</th>
<th>(i_{pc}), A</th>
<th>(b_{1/2})</th>
<th>(n)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>-745</td>
<td>(1.9 \times 10^{-8})</td>
<td>35.1</td>
<td>(-3)</td>
</tr>
<tr>
<td>50</td>
<td>-756</td>
<td>(1.0 \times 10^{-7})</td>
<td>58.5</td>
<td>(-2)</td>
</tr>
<tr>
<td>100</td>
<td>-758</td>
<td>(1.7 \times 10^{-7})</td>
<td>58.5</td>
<td>(-2)</td>
</tr>
<tr>
<td>500</td>
<td>-762</td>
<td>(6.6 \times 10^{-7})</td>
<td>58.5</td>
<td>(-2)</td>
</tr>
</tbody>
</table>

Conditions: cyclic voltammograms for \(2.26 \times 10^{-6}\) mol.L\(^{-1}\) folic acid in an 0.2 mol.L\(^{-1}\) KH\(_2\)PO\(_4\)/NaOH solution (pH=7.1). Initial potential: -0.20 V; switch potential: -1.50V. Using an voltammetric analyzer (CV-50W Version 2) of BAS (Bioanalytical Systems, Inc.) with a controlled growth mercury electrode(CGME).

The spontaneous adsorption of the folic acid can be used as an effective accumulation step, prior to the voltammetric measurement. In this way, highly sensitive measurements of folic acid can be achieved by means of adsorptive stripping voltammetry. Differential pulse voltammetry is a well known and very sensitive analytical technique for the determination of metal ions, electroactive organic molecules, and many anions (Wang et al. 1985 and 1986; Cardoso et al. 2005). Differential pulse adsorptive stripping voltammogram for \(2.7 \times 10^{-7}\) mol.L\(^{-1}\) folic acid in a 0.2 mol.L\(^{-1}\) KH\(_2\)PO\(_4\)/NaOH solution (pH=7.1) is shown in Figure 2. Three well defined cathodic peaks can be observed at \(-0.47\), \(-0.68\) and \(-1.08\) V. The shape and the sensitivity of the peak at \(-0.68\) V make it more adequate and provide the basis for the quantitative determination of folic acid. Similar results were obtained by cyclic voltammetry.

**Figure 2.** Differential pulse adsorptive stripping voltammograms for \(2.7 \times 10^{-7}\) mol.L\(^{-1}\) folic acid in a 0.2 mol.L\(^{-1}\) KH\(_2\)PO\(_4\)/NaOH solution (pH=7.1). Accumulation time, 120s at \(-0.2\) V with stirring solution; pulse amplitude, 50 mV and scan rate, 7.5 mV. s\(^{-1}\).
Figure 3 shows the dependence of the adsorptive stripping peak current on the accumulation time at two folic acid concentration levels (9.0 x 10^{-7} and 1.2 x 10^{-5} mol.L^{-1}). At longer accumulation times, more folic acid adsorbs at the HMDE surface and larger peak current is obtained. For both concentrations, the peak current increases linearly with the accumulation time up to 240 s. At 10^{-5} M folic acid concentration, the peak increases at first and then curves toward the time axis. As in all types of stripping measurements, the choice of accumulation time requires a trade-off between sensitivity and speed, times of 480 s and 120 s, respectively, were selected for quantitative determination of folic acid at the 10^{-8} and 10^{-5} mol.L^{-1} levels. It was also observed a perceptible dependence of the stripping currents and potentials peak with the accumulation potential. An accumulation time of 120 s at -0.5 V was used throughout this work as the best compromise between sensitivity and speed.

![Figure 3. Effects of accumulation time on the differential pulse adsorptive stripping current peak of 1.2 x 10^{-5} (a) and 9.0 x 10^{-7} (b) mol.L^{-1} of folic acid in an 0.2 mol.L^{-1} KH_{2}PO_{4}/NaOH solution (pH=7.1). Accumulation time at -0.5 V. Scan rate, 7.5 mV. s^{-1}.](image)

Other experimental variables which affecting the adsorptive stripping response were evaluated and optimised. Pulse amplitude, \( a \), affects the resulting stripping response. The stripping peak current, \( i_{pc} \), and the half-width, \( b_{1/2} \), at different pulse amplitude are summarized in Table 2. Best results were obtained with 50 mV; this pulse amplitude was used throughout this study. A fourfold increase in the peak current is observed on changing the drop size from small to large; these drop sizes correspond to surface area ratio of 1:4. As the potential peak remains essentially the same, the large size is recommended when maximum sensitivity is required. Although the adsorptive stripping response increases with the electrode area, this gain in sensitivity is accompanied by peak broadening. In this work, a drop size of 0.4312 mm\(^2\) showed the best compromise when considering the sensitivity and resolution requirements.

### Table 2. Dependence of peak current of pulse amplitude.

<table>
<thead>
<tr>
<th>( a ), mV</th>
<th>( i_{pc} ), nA</th>
<th>( b_{1/2} ), mV</th>
</tr>
</thead>
<tbody>
<tr>
<td>25</td>
<td>58.09</td>
<td>74.07</td>
</tr>
<tr>
<td>50</td>
<td>116.53</td>
<td>81.48</td>
</tr>
<tr>
<td>100</td>
<td>198.70</td>
<td>88.89</td>
</tr>
</tbody>
</table>

Conditions: differential pulse voltammograms for 6.78 x 10^{-7} mol.L^{-1} folic acid in an 0.2 mol.L^{-1} KH_{2}PO_{4}/NaOH solution (pH=7.1). Initial potential: -0.20 V; final potential: -1.20V. Scan rate, 7.5 mV. s^{-1} and 0.4312 mm\(^2\) as drop size.
3.2 Quantitative Utility

Figure 4A illustrates the stripping current response to successive standard additions of folic acid into the voltammetric cell. Each addition corresponds to a $1.3 \times 10^{-7}$ mol.L$^{-1}$ increase in folic acid concentration. The resulting plot of peak current vs. concentration is linear (slope $3.48 \times 10^{-2}$ A. L/mol; correlation coefficient 0.997). Such linearity prevails as long as linear isotherm conditions (low surface coverage) exist. In another similar experiment, solutions of higher concentration ($2.0 \times 10^{-6} - 1.0 \times 10^{-5}$ mol.L$^{-1}$; other conditions as figure 4A) were used. The resulting plot of peak current vs. concentration is also linear (slope $8.11 \times 10^{-3}$ A. L/mol; correlation coefficient 0.999). A detection limit of $1.4 \times 10^{-8}$ mol.L$^{-1}$ was estimated from quantitation of $1.26 \times 10^{-7}$ after a 2-min accumulation (S/N =3). It was also evaluated the interference from coexisting metal ions, capable of forming complexes with folic acid or depositing at the mercury electrode. Copper (II) ions at the $7.43 \times 10^{-4}$ mol.L$^{-1}$ level do not interfere in the determination of $2.71 \times 10^{-7}$ mol.L$^{-1}$ folic acid. Iron (II) at the $8.44 \times 10^{-5}$ mol.L$^{-1}$ also does not interfere in the determination of $9.04 \times 10^{-4}$ mol.L$^{-1}$ folic acid.

**Figure 4.** Differential pulse adsorptive stripping voltammograms of folic acid (A) and ascorbic acid (B) in 0.2 mol.L$^{-1}$ KH$_2$PO$_4$/NaOH solution (pH=7.1) for increasing folic acid concentrations in $1.3 \times 10^{-7}$ mol.L$^{-1}$ steps (A; a-e) and ascorbic acid concentrations in $1.1 \times 10^{-4}$ mol.L$^{-1}$ steps (B; a-e). Scan rate, 7.5 mV. s$^{-1}$; pulse amplitude 50 mV. Accumulation time, 120 s at -0.5 V, and 0.4312 mm$^2$ as drop size (A). Initial at -0.15 V and final potential at +0.15 V, and 0.3187 mm$^2$ as drop size (B).
The possible sequential determination of ascorbic acid and folic acid using the same support electrolyte (0.2 mol.L\(^{-1}\) \(\text{KH}_2\text{PO}_4/\text{NaOH}\) solution (pH=7.1)), also was studied. Ascorbic acid can be determined by differential pulse voltammetry by examining the anodic wave due the oxidation of the ‘enedial’ system. Ascorbic acid is a strong reducing agent and at higher pH values it will quickly reduce even dissolved oxygen. Therefore, it is preferable to prepare standard ascorbic acid solutions at low pH values (for example, in the presence of 0.1 mol.L\(^{-1}\) citric acid). Figure 4B shows voltammograms for solutions of increasing ascorbic acid concentration (1.1 \times 10^{-4} – 5.7 \times 10^{-4} moles. L\(^{-1}\)) in 0.2 mol.L\(^{-1}\) \(\text{KH}_2\text{PO}_4/\text{NaOH}\) solution (pH=7.1) without accumulation. The resulting plot of peak current vs. concentration is linear (slope 5.02 \times 10^{-5} A. L/mol; correlation coefficient 0.999).

3.3 Analytical Application in Pharmaceutical Preparations.

The developed methodology was used to quantify folic acid in several pharmaceutical forms including multivitamin preparations (tablets and oral solution). Simple and complex samples such as multivitamin tablets, nominally containing 1.6 mg of riboflavin, 60 mg of ascorbic acid, 200 \(\mu\)g of folic acid, calcium, magnesium, seven other vitamins plus excipients was tested. Ten samples were analysed following the procedure described under experimental. Calibration curve or standard addition methods were used to determine the contents of folic acid present in those samples. The recovery tests of folic acid ranging from 1.26\times10^{-7} to 6.33\times10^{-7} mol L\(^{-1}\) were performed. The results obtained are given in Table 3.

<table>
<thead>
<tr>
<th>Pharmaceutical preparations</th>
<th>Claimed</th>
<th>Found* (%R.S.D.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1) 5mg/tablet</td>
<td>4.87mg/tablet (1.2%)</td>
<td></td>
</tr>
<tr>
<td>(2) 0.2mg/mL</td>
<td>0.18mg/mL (2.5%)</td>
<td></td>
</tr>
<tr>
<td>(3) 200(\mu)g/tablet</td>
<td>184(\mu)g/tablet (1.7%)</td>
<td></td>
</tr>
<tr>
<td>(4) 800(\mu)g/tablet</td>
<td>795(\mu)g/tablet (1.3%)</td>
<td></td>
</tr>
</tbody>
</table>

* Average of two replicate per sample

The results produced by analysing folic acid tablets by differential pulse adsorptive stripping method developed were compared with those obtained by HPLC [57]. This comparison is showed in Table 4. According to these data, both method produce comparable results (reproducibility and relative standard deviation for four injections of standards).

<table>
<thead>
<tr>
<th>Vitamin</th>
<th>Mean content(mg)</th>
<th>S.D.(mg)</th>
<th>R.S.D. (%)</th>
<th>Mean content(mg)</th>
<th>S.D.(mg)</th>
<th>R.S.D. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Folic acid</td>
<td>5.0</td>
<td>0.09</td>
<td>1.2</td>
<td>5.0</td>
<td>0.09</td>
<td>1.2</td>
</tr>
</tbody>
</table>
4. CONCLUSIONS
The use of KH$_2$PO$_4$/NaOH buffer (pH=7.1) as electrolyte provided a sensitive and selective adsorptive stripping voltammetric method for the folic acid determination. This new method proposed is remarkably insensitive to the presence of commonly interfering substances (e.g., metals and vitamins). In addition, the two-electron reduction obtained in this work (at pH=7.1) for the principal reaction is in agreement with the reaction mechanism of folic acid obtained by Le Gall and van den Berg (at pH=5.2; [52]). In four pharmaceutical preparations, including multivitamins, preliminary results show a good correlation between the amounts of folic acid found by new method proposed with those found by HPLC. In particular, this approach offers as advantage the possible determination of folic acid in presence of ascorbic acid. Further studies on the electroanalytical chemistry of folic acid, folates, and its derivatives using bismuth film are under way.

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